







# DILUTION GUIDELINES

## FOR ESSENTIAL OILS



These values are approximate and have been rounded to whole drops.  
For blends, numbers represent the total number of drops of all oils combined.  
Does not imply that all these dilutions are safe for all essential oils in all situations.

<b>3%</b>	5	13	27	54
<b>2%</b>	3	9	18	36
<b>1%</b>	2	4	9	18
<b>.5%</b>	1	2	4	8
<b>VOLUME OF BASE OIL</b>	 5 ml	 15 ml	 30 ml	 60 ml

